WALK AGAINST HUNGER

The 26th Annual Walk Against Hunger, presented by Cogswell Benevolent Trust, was a success raising over $115,000.00. Over 800 walkers, including 40 teams and numerous dogs, were in attendance. A huge thank you goes out to the sponsors, teams, individual walkers, and volunteers who made it such a successful event. The day started off windy and on the cool side, but warmed up toward the end of the walk for the complimentary lunch. The walk is critical to us since it costs $3,800.00 each day to operate New Horizons.

Special thanks to DJ Dave, SweetShot Photography, Miss New Hampshire, Cogswell Benevolent Trust, Coca-Cola Bottling Company of Northern New England, Poultry Products, Mann Advertising, Surge Resources, AutoFair, Bedford Cost Segregation, Catholic Medical Center, Barry Wolper, Spectrum Marketing Companies, NH1 News, Gethsemane Lutheran Church, Bellwether Community Credit Union, Voury Family, First Congregational Church and the Manchester Middle Schools. Photo credit: SweetShot Photography

Katherine Morrison, teacher at McLaughlin Middle School, issued a challenge to her students to each raise at least $5 for the New Horizons Walk Against Hunger. “There was a homeless child, a student of mine here once, who brought in $83.00. So there is no ‘poor me’. No matter who you are there is someone next to you that is having a harder time than you.”

The Greater Manchester Nashua Board of Realtors Spring Fling was held at the Manchester Country Club with the proceeds donated to our Angie’s Shelter for Women. The event, featuring free consultations on fashion, fitness, skin, hair, and nails, was a beautiful, meaningful day on May 27th. It was a fun day of comradery and laughter.

WHAT PARTICIPANTS ARE SAYING?

“I love it. It’s like a mansion compared to a tent.” – Richard Scott

“You leave your campsite, it might not be there when you get back.” – Richard Scott

“It’s very depressing out there. It’s a different world on the street. You never know; you can’t get off the streets. It motivates you to not want to ever be homeless again.” – Alan

“The program helped me out tremendously. I’m very grateful for the help.” – Alan

“Being homeless, you begin to feel you’re going to be homeless forever. Getting off the streets is a big step forward. Getting a home in Nashua is not going to be easy, but it makes you want to work hard. It’s the first step in getting on your feet.” – Alan

“IT’S VERY DEPRESSING OUT THERE. IT’S A DIFFERENT WORLD ON THE STREET. YOU NEVER KNOW; YOU LEAVE YOUR CAMPSITE, IT MIGHT NOT BE THERE WHEN YOU GET BACK.” – Richard Scott

DURING ONE SIX MONTH PERIOD COMMUNITY COSTS WERE REDUCED BY 75%!

“THE PROGRAM HELPED ME OUT TREMENDOUSLY. I’M VERY GRATEFUL FOR THE HELP” – ALAN

“Being homeless, you begin to feel you’re going to be homeless forever. Getting off the streets motivates you to not want to ever be homeless again.” – Alan

“At first, I was scared. Then I moved on to their own living arrangements. We are working hard to expand this program and envision a day when chronic homelessness in Manchester is a thing of the past. If you wish to provide financial support please contact Charlie.”

New Horizons
FOR NEW HAMPSHIRE, INC.

HOUSING FIRST PROGRAM

As an emergency homeless shelter, New Horizons offers those who are temporarily homeless with a place to stay while they work to get back on their feet and into long-term housing. Unfortunately, a number of chronically homeless people use New Horizons as a long-term, or even permanent, residence. Even worse, many chronically homeless people refuse to come to a shelter and end up living “on the street.”

In an effort to better address the issues of chronic homelessness, New Horizons has begun participating in the Housing First Program. Case workers look for the most vulnerable homeless people, those at real risk of dying on the streets. These people are then placed in private apartments where the rent is paid by New Horizons. Supportive services are made available to these people. Currently, through a grant from the City of Manchester, we have three formerly homeless people enrolled in the program.

The Housing First program has been successful in several cities at eliminating chronic homelessness. In many cases, when a formerly homeless person is provided with basic shelter, they can begin to make the changes needed to become more self-sufficient. Additionally, community costs are greatly reduced. A chronically homeless person typically has regular contact with emergency rooms, ambulances, police, and homeless shelters. These contacts are greatly reduced when a person is off the street in a stable living situation. Even with the cost of rent, we have found that placing a person in the Housing First program reduces community costs by as much as 75%.

Several of the participants in our Housing First program have already moved on to their own living arrangements. We are working hard to expand this program and envision a day when chronic homelessness in Manchester is a thing of the past. If you wish to provide financial support please contact Charlie.

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www.NewHorizonsforNH.org
**Executive Director’s Corner**

We have made it through another New Hampshire winter and amazingly it was pretty mild as winters go here in the Granite State. With the spring and summer come a number of outdoor projects at New Horizons including our greenhouse being in full swing. If you happen to be in the neighborhood, I urge you to take a peek inside or if you would like a tour, please let me know as we love to show it off.

We are in the process of installing a hydraulic lift, thanks to a grant from NH Healthy Families, at our new loading dock to make it easier and safer for our volunteers to unload our vans following the pickup of groceries, we have recently installed an air conditioning unit for our food pantry and we are also planning on purchasing a whole facade generator; thanks to a grant from the Bean Foundation. The generator will allow us to continue services uninterrupted should we lose power during a winter storm.

In this issue, you will see stories about the Housing First initiative which deals with the critically homeless in our community. Also, you can read about some of our youth programs like the Hunger Project which teaches young people how to grow that ultimately goes to feed people right here in Manchester. As always, I want to sincerely thank you for your support of New Horizons for New Hampshire. Without you, we wouldn’t be able to continue our mission to provide food, shelter and supportive services to those in need.

Sincerely,

Charlie Sherman, Executive Director

**UPCOMING events**

**HULA HUSTLE 5K & 10K IN MEMORY OF BILL KELLEY**
July 17th 10 AM
Executive Health & Sports Center, Manchester
The Hula Hustle is a Hawaiian themed 5K and 10K race with post-race Luau at the poolside tikibar! Race is presented by NH Healthy Families. The first 500 registrants receive a Hula Hustle tech shirt and a grass skirt. For more information and registration visit www.hulahustle.org.

**GRANITE STATE BREWERS ASSOCIATION BREWERS FESTIVAL**
July 30th 1 PM – 5 PM
VIP admission at Noon - Arms Park, Manchester
A showcase of excellent craft beers made exclusively in New Hampshire. The festival will feature over 30 of the largest single collection of New Hampshire’s breweries anywhere this year. Tickets and more information at www.GraniteStateBrewersAssociation.org

**GREENHOUSE happenings**

**THE HUNGER PROJECT**
Can you say “hydroponics”? Elementary school students are learning about gardening and even hydroponics, through the New Horizons Hunger Project. Students participate in a learning unit on gardening, start and nurture seedlings in the schools, then come to our greenhouse to transplant them. The program now includes three Manchester elementary schools: Gossler Park, Henry Wilson and St. Casimir. Our greenhouse has been producing bounties and saving us money on fresh produce costs for three years now. It’s the only urban greenhouse within a major city in NH.

**“NO VACANCY” IN OUR GREENHOUSE**

Homeless are never turned away at New Horizons, but our greenhouse currently has “No Vacancy.”

Hampshire. The festival will feature over 33 breweries – the largest A showcase of excellent craft beers made exclusively in New

**IN THE NEWS**

Vegetables and herbs are peaking in the ideal growing conditions and the organic bounty is a welcome addition to the 250+ salades and entrees made each day for our clients. Now in its third year of operation, the greenhouse donated by Rinsel Greenhouse Systems of Hackett, NH, provides New Horizons with a vehicle to increase self-sufficiency, a message we convey every day to our clients. The greenhouse is staffed by a collaboration of volunteers and sits in a lot adjacent to our facility.

**NEW BOARD MEMBERS**

1. BOB Awards sponsor NH Business Review donated $700; Jason Lambert, winner of the $250 coffee, also donated his winning jackpot. The $550 raised $527.00.
2. Our food pantry newly acquired a sign from Hannaford as a tribute to their partnership. Thanks to Spectrum Marketing for sign production.
3. St. Casimir School 4th, 5th and 7th grades donated food from their Lent Collections.
4. Volunteers from MAS Medical joined us to serve dinner.
5. Londonderry Fish and Game donated canned goods from their 50th Annual Walleye Fishing Derby.
6. Girl Scout Troop #1037 donated: what else, but cookies?
7. Trinity High School held a blanket drive in collaboration with the Town of Londonderry and brought it to the trustees. Some were even handmade from the Londonderry Senior Center.
8. The men’s side of the shelter got a fresh coat of paint thanks to volunteers from Bernstein Shur Law Firm.
9. Rachel Métis, Bedford High School student, orchestrated a food drive and the subsequent preparation of a delicious buffet at Manchester Senior Center.
10. Mrs. Marché’s class at St. Catherine’s of Sienna School donated 1,460.46, money they had earned and “banked” all year.
11. TD Bank, from the Eastern Seaboard, donated a day of service as part of their Employee Appreciation Week.
12. The New Horizons Senior Manager Mary Stowe introduced her new Harmony President Mike Kral at the grand opening of the new store in Bowdon. Harmony donated thousands of dollars of fresh produce from their plantation, a $50.00 gift card, as well as leftovers from the event.
13. WPKG HeartMedia donated $1,552.00 from the Their Land a Helping Center, now in its 25th year. This two-day auction to benefit 13 agencies in NH was highlighted by a number of celebrity in-studio appearances including Paul Burchby.