WALK AGAINST HUNGER

Thanks to all who made this 28th Annual Walk Against Hunger a huge success raising over $122,000! Many long-time supporters, as well as numerous new donors, and the support of many colleagues at Families in Transition made it a terrific day. The energy and enthusiasm in the park was amazing.

Thank you to everyone who came out to support New Horizons by walking or volunteering and thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Over 1,000 walkers, including 50 teams and numerous dogs, were in attendance. For a second year the Manchester School district was represented so well! There were 19 teams from the district led by team captain, Leslie Want, Board of School Committee Member. Thanks Leslie for a terrific job rallying the troops!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!

Thank you to everyone who supported by donating! This important event helps us provide critical services to Manchester’s less fortunate. Look for enhancements to the walk in 2019!
Dear Friends:

It has been an exciting time for Families in Transition—New Horizons through the first seven months of our merger. Over this time period, I’ve had the great pleasure to meet many of you at our events, during shelter tours, and in the community. Please remember, I am always available to talk or meet with you to listen to your thoughts, recommendations, and to let you know what we are up to.

We’re working towards a more integrated service delivery for our participants and trying to eliminate gaps in services so that we can enhance our programming and serve more people in need. To do this, we’re having listening sessions with our clients to get their feedback. In addition, this fall a cross-section of our staff will travel to and learn from other nonprofit providers who provide shelter and food services who have implemented best practices. To me, it is always important to look up and out to learn from others and assess what may work for those we shelter and feed.

Your continued support, now more than ever, is critical to our success. We truly appreciate all that you do for our organization and the people whom we serve. I look forward to seeing you at our upcoming events!

Warm regards,

Maureen Beauregard
President

I LOST MY MIND, ONCE I LOST MY HUSBAND

Robin had a steady job with the State of NH, when she lost her husband of 15 years from illness. Her husband was her life. They did everything together from eating meals together to paying bills together. For her, the less was too much to bear. She felt numb and turned to heroin. She lost her job and her husband was deceased. She moved to Florida, hoping for a fresh start with her family, but it wasn’t enough. She returned to New Hampshire and sought treatment, then relapsed. She attempted suicide. In her words, she described the crossroads she was facing. “I failed at killing myself. Now, I have no other choice than to get better.”

EVERYWHERE I’VE GONE FOR HELP, I HAVE FELT WELCOME

New Horizons was Robin’s home for two weeks. “The hardest part for me was carrying around my stuff during the day. It’s exhausting being outside all day. I was on public display. I felt degraded.” Angie’s Shelter was her next step, where she felt relief since the house is open all day to her. She says Angie’s is like a bear. She felt numb and turned to heroin. She lost her job and her husband turned to heroin. She lost her job and her husband was deceased. She moved to Florida, hoping for a fresh start with her family, but it wasn’t enough. She returned to New Hampshire and sought treatment, then relapsed. She attempted suicide. In her words, she described the crossroads she was facing. “I failed at killing myself. Now, I have no other choice than to get better.”

I HAVE TO BE OK WITH ME

“ I used to think I had a black cloud over me, but of course, it was me. It was drugs and it was not paying bills. I understand now, that my thoughts are my reality. My huge fear is my finances once I get a job again. That, and my huge fear is my family once I get a job again. The more I share my thoughts, the more I’ve learned that my family is my reality.”

I HAVE TO BE OK WITH ME

“ I used to think I had a black cloud over me, but of course, it was me. It was drugs and it was not paying bills. I understand now, that my thoughts are my reality. My huge fear is my finances once I get a job again. That, and my huge fear is my family once I get a job again. The more I share my thoughts, the more I’ve learned that my family is my reality.”

REAL CLIENTS. REAL STORIES.

New Hope in Carroll County - The grand opening of our Hope House, in Wolfeboro, was held in June. This is the first transitional housing option of its kind in the Governor Wentworth Regional School District, offering housing and services to families in need.

Stronger Together! First joint all-staff meeting of Families in Transition – New Horizons. Staff learned about the organization as a whole and plans for the future.

A Time to Reflect - In June a “Coffee and Conversation” open house was held. Over a dozen donors and clients came to hear about, and have questions answered regarding, our merged organization.

Moving Mountains - President Maureen Beauregard accepting Citizen of the Year from the Greater Manchester Chamber of Commerce.

Proud to be Partners

Congratulations to the Healthcare for the Homeless team which has been recognized by the federal Health Resources and Services Administration (HRSA) with a 2017 Distinguished Improvement Award. The center achieved the best overall clinical performance among all HRSA-granted health centers. Healthcare for the Homeless is partnered with New Horizons and located in our building.

Drivers Wanted

We have immediate openings for volunteer van drivers to pick up donated food for our food pantry one morning a week Monday through Friday from 7:00 am until 11:00 am. You must be able to lift a minimum of 50 pounds and have a clean driving record. Please email volunteers@newhorizons.org if interested.

Thank You To These Wonderful Donors!

1. The Lakes Region Community Network’s (LRCN) 100 executives & partners from 15 area events. The generosity was collected throughout the year. This gives 946 people a share, or rather a share of $1,890.

2. Volunteers across the county participated in a 5k run in honor of Dr. Martin Luther King Jr. and the 50th anniversary of his death. In addition to volunteering at New Horizons, the Volunteers (Union/Manchester – Soil Shell held a food drive which they brought with them.

3. St. Casimir School donated 50 bags of food from their collection during Lent. Thank you Bradstreet & Son’s John Berry for raising $575 for our Walk Against Hunger with generous sponsorships.

4. The 2018 class of Leadership Greater Manchester (LGM) of 150 soles donated 51 perfectly good soup bowls for our annual Caudy Bowl event.

5. The Londonderry Senior Center donated $2,500.

6. WMUR-Validated $1,050 for their annual Blankets, sheets and other appeal.

Thank you Citizens Bank for donating food for our food pantry one morning a week Monday through Friday from 7:00 am until 11:00 am. You must be able to lift a minimum of 50 pounds and have a clean driving record. Please email volunteers@newhorizons.org if interested.

Serving Team Spotlight

Thank you Citizens Bank for serving dinner in our soup kitchen for close to 20 years!

GREENHOUSE HAPPENINGS - THE HUNGER PROJECT

Each year elementary school students learn about gardening through the New Horizons Hunger Project. Students participate in a learning unit on gardening, start and nurture seedlings in their school, then come to our greenhouse to transplant them. While visiting they also get a tour of New Horizons.

Second and third grade students planted zucchini in our greenhouse, which they grew from seed in four Manchester schools as part of the New Horizons Hunger Project. Wilson School, Gassler Park School, Bakerville School and St. Casimir School all provide this educational and meaningful opportunity to their students.

This wonderful Hunger Project is made possible by an annual grant from the Telecom Pioneers of America, Jasper N. Keller Chapter 33!

Vegetables and herbs are grown in the ideal conditions of our greenhouse and are a welcome addition to the 200 salads and entrees made each day for our clients. The greenhouse is staffed by a collaboration of wonderful volunteers and sits in a lot adjacent to our facility. Our greenhouse has been producing vegetables and herbs, saving us money on fresh produce, for five years.

Sean McDowell of WMUR’s Chronicle program taped an upcoming show about our greenhouse!